

The ATDC REFORM Principles

Six simple ways to retain doctors in training
in the health service

R

Rotation

The frequency, need and location of training rotations *must* be reviewed to minimise disruption and improve continuity of care

E

Exams

The number and value of exams and assessments *must* be reviewed and balanced with the personal and financial cost

F

Flexibility

Those seeking to re-enter training or alternative working patterns *must* be supported to do so

O

Organisational support

Employers *must* support doctors in training to maintain a healthy work-life balance including time for self-development

R

Recuperation

Appropriate break areas with 24-hour access are *essential* to sustain the wellbeing of doctors in training

M

Management

Human Resources and onboarding processes *must* be streamlined to support periods of transition