

Statement: Academy Trainee Doctors' Group

GMC national training survey 2018

9th July 2018

Today the GMC published its initial findings from the 2018 *national training survey*. These results show the right questions are being asked. Doctors in training feel they can and must speak up.

The results are harsh. We are tired from working long, hard hours. Rota gaps are rife. Our trainers are in the same position, exhausted and frustrated. They don't have the time needed to train us. Many of us are heading for burn out.

Despite these difficulties, four out of five of us feel we are receiving good quality training. We recognise that our trainers are going above and beyond to ensure the UK still produces high quality GPs and consultants.

The Academy Trainee Doctors' Group (ATDG) and Academy of Medical Royal Colleges are committed to working with our partners to improve doctors' training. With the BMA's Junior Doctors' Committee (JDC), the ATDG will ensure the trainee voice is heard and issues are addressed. We are working to improve exception reporting, flexibility of training and reflective practice. We are committed to bringing about culture change so everyone in the NHS can work and train in honest, transparent and supportive environments delivering high quality patient care.

We can and must do better. We need more resources and time to be dedicated to training our doctors. The safety of our doctors, patients and NHS depend on our training environments and working lives improving.

Dr Alice Wort, **Chair Academy Trainee Doctors' Group**