Introduction

The Medical Training Initiative (MTI) is designed to enable a small number of International Medical and Dental Graduates to enter the UK to experience training and development in the NHS for up to two years.

Under the scheme, training capacity not required for planned UK/EEA training numbers is made available for overseas doctors and dentists who meet the required eligibility criteria, including registration with the General Medical Council (GMC) – for doctors and temporary registration with the General Dental Council (GDC) for dentists in the MTI scheme. This is nearly always obtained via a professional sponsorship scheme with the relevant medical Royal College. The placements filled by doctors in the MTI scheme are approved by the local Deanery/Local Education & Training Board (LETB) and may also need to be approved by the relevant Royal College. For dentists, the National Advice Centre for Postgraduate Dental Education (NACPDE) in the Faculty of Dental Surgery of the Royal College of Surgeons of England provides sponsorship.

The Academy of Medical Royal Colleges (the Academy) acts as the UK Visa Sponsor to enable participants to apply for a Tier 5 Government Authorised Exchange Scheme visa from the Home Office.
1.0
Key principles for the initiative
Key principles for the initiative

The MTI scheme is run by Health Education England (HEE) on behalf of the Department of Health (the Government sponsor) and operates under the Home Office Tier 5 Government Authorised Exchange visa scheme.

Any doctor wishing to practice in the UK has to be GMC registered with a license to practice and therefore is subject to UK revalidation processes. Key principles that underpin the MTI scheme are set out below.

In dentistry, temporary registration from the GDC is provided for the period of the placement, for suitably qualified dentists.

1. Global healthcare development
The primary purpose of the MTI is to contribute to improving the quality of healthcare in developing countries. The scheme provides doctors and dentists from developing countries with a period of training in the NHS before returning to their home countries where they can put to benefit the skills and experience they have obtained in the UK.

2. Tailored to the individual
Under the scheme training capacity not required for planned UK/EEA training numbers is made available for overseas doctors and dentists who meet the required eligibility criteria. Placements filled by MTI participants must have sufficient, structured learning and development such that the individual doctor and dentist, and their home country, also benefit from the placement.

3. GMC Sponsor / Trusts are responsible for managing expectations of MTI participants
When applying for an MTI placement and/or sponsorship for GMC registration, or temporary registration with the GDC, doctors’ and dentists understanding and expectations of the organisational status and clinical skills level required should be clear and realistic before they take up the post. Applicants should also be clear that the MTI is not to be seen as a stepping stone to permanent employment in the UK.

4. Trusts are responsible for providing pastoral care
As with any International Medical Graduate taking up a post in an NHS Trust, there is a need to understand and support a doctor’s or dentist’ adjustment to a new culture. Trusts must provide local induction and should be aware of the additional support MTI participants may need to settle in and become an effective part of the team.

5. Educational Supervisors are responsible for ensuring that the educational contract is met
The Educational Supervisor in the Trust assigned to an individual MTI participant should ensure that the MTI participant is receiving appropriate training and development. They should also ensure that they keep the sponsor for GMC registration or GDC/NACPDE updated on key developments or issues in an MTI participant’s training and placement.

6. Trusts are responsible for providing a Responsible Officer
As MTI placements last for a maximum of 24 months, it is highly unlikely that an MTI participant will be subject to revalidation. However, MTI participants should still be allocated a Responsible Officer and be subject to a suitable annual appraisal and performance management process. MTI participants do not have a National Training Number and so their Responsible Officer should be allocated from the Trust, not the Deanery/LETB.

For dentists please see the NACPDE website.

7. Changing MTI placements
The MTI Tier 5 visa is provided for a specific role at a specific work location. MTI participants can change roles and locations, but to maintain a valid Tier 5 visa, changes must be notified to the body providing professional sponsorship (usually the relevant medical Royal College).

The NACPDE for dentists or the Academy of Medical Royal Colleges for doctors must also be notified in advance with appropriate evidence the new role is approved as an MTI placement. A transfer form is available on the Academy website which details the information required.

8. Five year gap before reapplying
An MTI participant cannot apply for a further MTI placement for five years after the end of their current placement. This is to encourage the flow of new doctors into the MTI scheme and, to avoid removing doctors from their home countries for too long.

Similarly, MTI participants cannot ‘break’ their placement – for example, an MTI participant cannot undertake twelve months of their placement, return home for six months, then return to the UK and undertake a further twelve months in the same placement.
Who is involved in the initiative?
Management of the MTI is a joint approach between GMC Approved Sponsors, Postgraduate Deaneries/LETBs, NHS Trusts and the Academy of Medical Royal Colleges, with overarching support from Health Education England. The National Advice Centre for Postgraduate Dental Education manages all dental posts. Each organisation has its own role to play within the scheme as set out below.

**GMC Approved Sponsors**

The GMC approved sponsors act as professional sponsors for an MTI applicant’s GMC registration and licensing. GMC registration is essential to take up a placement under the MTI scheme. Unlike other non EEA nationals MTI applicants are not required to take the Professional and Linguistics Assessment Board (PLAB) test, but participants must meet the GMC’s criteria for registration.

**Medical Royal Colleges**

The medical royal colleges are a good starting point for overseas doctors interested in participating in the MTI scheme. Many run specific sponsorship schemes for overseas doctors and set standards of practice in their specialty for entry to the MTI scheme. The medical royal colleges also maintain an oversight of the MTI participants in their specialty areas, providing on-going professional support throughout the placement.

**The Department of Health & Health Education England**

Health Education England implements the Department of Health’s high-level policy for the MTI scheme and provides the overarching support for it.

**NHS Trusts**

Trusts identify potential placement opportunities, and can often also identify potential MTI participants through individual contacts held by Consultants in the Trust. Trusts liaise with the Deaneries/LETBs to obtain approval of specific MTI placements as and when they are identified. Trusts also ensure that a final interview has taken place with selected candidates before appointment and are responsible for any required employment checks. In addition, Trusts also ensure that MTI participants are subject to appropriate appraisal and performance monitoring during their placement.

**Deaneries/Local Education & Training Boards (LETBs)**

Postgraduate Deaneries/LETBs establish the level of available training capacity to support placements under the MTI scheme in each Deanery/LETB area each year. Approval of the relevant Deanery/LETB is required for each placement to confirm it has sufficient training and educational content and does not disadvantage UK/EEA trainees.

**Academy of Medical Royal Colleges**

The Academy acts as ‘national scheme sponsor’ issuing certificates of sponsorship to eligible doctors appointed to approved MTI placements. The certificate of sponsorship is required for application for entry to the UK under a Tier 5 visa. The Academy will ensure that all of the requirements of the scheme have been met before visa sponsorship is provided. The Academy also maintains details of the MTI participants on a central database.

**Postgraduate dentists – National Advice Centre for Postgraduate Dental Education (NACPDE)**

The NACPDE manages the national MTI scheme for Dentistry. The Faculty of Dental Surgery at The Royal College of Surgeons of England is able to sponsor suitably qualified dentists to come to the UK for clinical training in selected hospital training posts. The NACPDE issues certificates of sponsorship to dentists appointed to posts approved under the MTI by the Postgraduate Dental Dean and the potential Supervising Consultant. Sponsorship will be provided when the NACPDE is satisfied that placements meet the requirements of the MTI scheme. Dentists are advised to read the NACPDE website for information before applying for a post under the MTI arrangements.
3.0 How the MTI works
How the MTI works

The MTI scheme allows suitable overseas doctors to fill suitable NHS Trust placements for up to 24 months on a Tier 5, Government Authorised Exchange Scheme visa. The routes for identifying suitable doctors & dentists and identifying appropriate posts can vary, with the common approaches set out below.

Suitable MTI posts

All MTI placements must:
- Be approved by the relevant Deanery/LETB as not disadvantaging UK/EEA trainees
- Contain sufficient training and education content
- Be funded to an appropriate level.

It is the Trusts responsibility to ensure that placements are approved by the local Deanery/LETB.

Potential MTI placements might be identified by Trusts who then seek applicants through advertisement, organisational contacts or approaching a relevant medical Royal College.

Finding a suitable placement will depend on the specialty and the individual’s circumstances. The medical royal colleges are a good starting point for advice.

Placements in the MTI scheme might be funded by the relevant NHS Trust or by alternative sources such as the employer or government from the MTI doctor’s home country. An MTI applicant cannot fund themselves for an MTI placement.

Suitable doctors

All doctors who wish to take up a MTI placement must meet the following criteria:
- Have GMC registration and a licence to practice
- Require a visa to work in the UK
- Have a valid passport.

Doctors wishing to take up a MTI placement usually obtain GMC registration and license to practice by applying for professional sponsorship by one of the GMC approved sponsors.

GMC approved sponsors eligibility criteria may vary slightly and details can be obtained direct from each of the sponsors, but all will require the following:
- Acceptable primary medical qualification
- Registration and licensing history
- Certificates of good standing
- Completion of an appropriate internship prior to application
- IELTS certificate.

For the GMC to accept your IELTS certificate it must show:
- A mean academic IELTS English language score of 7.5 and showing no score lower than 7.0

Suitable dentists

All dentists who wish to take up an MTI placement must:
- Have gained suitable experience in their chosen specialty in their home country
- Have no rights of residence in the UK or EEA
- Be proficient in English, achieving a mean academic IELTS English language score of 7.5 and showing no score lower than 7.0 within two years of application
- Have been offered a MTI/Tier 5 opportunity in the UK
- Have a scholarship or means of financial support from their employer [e.g. hospital, university, college]
- Intend to return to their home country to put into practice the training that they have received in the UK
- Possess a primary dental qualification recognised by the GDC for temporary registration
- Have completed a recognised postgraduate dental qualification in their chosen specialty
- Have completed a minimum of four years postgraduate dental clinical practice with at least two years in the specialty in which they are seeking further training in the UK
- Provide the GDC with a certificate of good standing and medical information at the time of applying for temporary registration.
4.0 Certificate of sponsorship application process
<table>
<thead>
<tr>
<th>1. Identifying individuals and posts</th>
<th>2. MTI Tier 5 Visa Application Process</th>
<th>3. During MTI Placement</th>
<th>4. At end of MTI Placement</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Specific route will vary with individual Colleges and depend on what overseas relationships are in place)</td>
<td>Review application and send approval subject to attending ID check (or refuse approval).</td>
<td>Check Doctor's ID and issue professional registration (if required).</td>
<td>Provide any formal acknowledgement of completion of training/MTI placement.</td>
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<td><strong>GMC</strong></td>
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<td></td>
<td>Assess potential MTI individuals. May also encourage identification of MTI posts.</td>
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<td></td>
<td>Provide professional sponsorship for individuals registration with GMC, if needed, and provide evidence of professional support to Trust or the Academy as appropriate. Some Colleges collate and submit completed Academy MTI visa application and supporting documents to the Academy.</td>
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<td>Provide CoS to Doctor (if appropriate).</td>
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<td></td>
<td>Maintain contact with MTI Participant, providing professional support and development as appropriate.</td>
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<td></td>
<td>Provide any formal acknowledgement of completion of training/MTI placement.</td>
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<td><strong>RC</strong> (or other)</td>
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<td></td>
<td>Approach a Trust, Deanery, Royal College or the Academy if interested in MTI placement. Will be forwarded to relevant body depending on individual circumstances.</td>
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<td></td>
<td>Meet individual College and employing Trust requirements for acceptance on MTI scheme and registration with GMC (e.g., complete College MTI application form, provide certificate of good standing, CV etc). Provide any further documents required for MTI visa application (e.g., passport).</td>
<td>Apply for Tier 5 Government Exchange Scheme MTI visa using CoS.</td>
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<td></td>
<td>Enter UK and attend GMC ID check (if required).</td>
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<td>Meet GMC requirements of registration, any requirements of GMC sponsor and local employer expectations.</td>
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<td><strong>Doctor</strong></td>
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<td></td>
<td>Establish MTI capacity each year in conjunction with Directors of Specialty Training and Trusts. May also identify potential MTI individuals if have overseas relationships.</td>
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<td></td>
<td>Approve identified role as appropriate for filling by MTI applicant (i.e. role has sufficient training/educational content and does not disadvantage UK trainees). As well as being needed for the MTI visa application, Deanery approval may also be required earlier in the process by Colleges to complete their MTI applicant assessment.</td>
<td>Complete Starter's Form and send to the Academy, along with copy of entry visa.</td>
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<td></td>
<td>Meet any requirements of GMC sponsor and local employer expectations, Leave UK.</td>
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<td><strong>Deanery</strong></td>
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<td></td>
<td>Identify potential MTI posts. May also identify potential MTI individuals if have overseas relationships.</td>
<td>Interview selected candidate. If candidate accepted, complete the Academy MTI visa application form (including Deanery approval sign-off Part 2). Submit the Academy MTI visa application form and supporting documents to College or the Academy as appropriate.</td>
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<td>Provide CoS to Doctor (if appropriate).</td>
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<td>Ensure MTI Participant receives appropriate training and pastoral care. Report any Exceptions (see separate list) to the Academy.</td>
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<tr>
<td><strong>Trust</strong></td>
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<td></td>
<td>Forward any expressions of interest from individuals or Trusts to relevant Royal College.</td>
<td>Issue Certificate of Sponsorship via access to UKVI on-line points based visa system. Send CoS, Starter Form and Exception Report to Trust, copying College (and Doctor if appropriate). Update the Academy national MTI database.</td>
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<td></td>
<td>Monitor receipt of Starter Form. If not received, cancel CoS on UKVI system. Update the Academy database either way.</td>
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<tr>
<td><strong>Academy</strong></td>
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<td>Update the Academy database and UKVI system with any changes as per Exception Reports. Provide regular summary statistics reports.</td>
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</table>
Process for Bringing Overseas Dentists to the UK for Clinical Training under MTI/Tier 5

- NACPDE contacts potential Supervisor
- Potential Supervisor reviews OD’s CV
- Provisional acceptance of OD by Supervisor/Consultant

- Consultant Supervisor & Trust’s HR rep complete:
  - Medical Training Initiative Form B
  - Provisional weekly timetable with the name and GDC number of the Consultant supervising each session

OD checks:
- GDC website to confirm s/he is eligible for Temporary Registration, and has met English Language requirements.
- That s/he has the necessary documents required by the GDC for Temporary Registration, but does not apply for Temporary Registration at this stage
- NACPDE requests details of the award-holder’s clinical activities in the previous 3 years

OD forwards forms to NACPDE.
- NACPDE requests two clinical references from Consultants / Professors in the specialty who have supervised the OD

If satisfied, NACPDE writes to the following with copies of timetable, references & CV:
- Postgraduate Dental Dean (PDD)
- GDC with copy of this letter to OD
- Supervising Consultant
- HR Department at Hospital

NACPDE issues Certificate of Sponsorship number and forwards to OD

UKVI issues visa

OD comes to UK, if not already in the UK

OD visits NACPDE with passport, certified copy of degree certificate, internship, and certificate of good standing from dental authority, record of employer’s support for post and copy of ID card

OD visits GDC with original documents

GDC issues Temporary Registration

Every three months and on completion of training Progress Reports are requested from OD’s Consultant Supervisor. At the end of placement a Certificate is issued by PGDD and RCS Eng confirming completion of clinical experience in the UK. The OD completes feedback

OD applies to GDC for Temporary Registration including:
- Fee
- Copy of the letter from NACPDE to the GDC
- Documents listed on the GDC website for the Temporary Registration application
5.0 Frequently asked questions for trusts
Frequently Asked Questions for Trusts

Please note that questions in this section relate to doctors in the MTI scheme.

For dentists please see the NACPDE website.

If a Trust is interested in having an MTI participant what should they do?

Finding a suitable MTI participant can vary depending on the speciality. Contacting the relevant medical royal college is the most suitable place to start.

What evidence is required and how long does it take to employ a doctor under the MTI scheme?

As a rough guide you should allow at least three months to complete the full process for an MTI placement. The infographic in the previous section shows the required process of all involved from application to doctor starting in post.

In order to issue a Certificate of Sponsorship (CoS) for a Tier 5 visa for an MTI placement, the UK Home Office requires the Academy to have the following:

— Evidence that the placement is suitable for the MTI scheme – this is achieved through Deanery / LETB sign-off of the Academy MTI application form

— Evidence that the individual is able to take up a post as a Doctor – this is achieved through a copy of the GMC email confirming approval (subject to an identity check or proof of registration See the GMC website for more information on pre-registration identity checks)

— Completed MTI application form by the employing Trust and a copy of the applicant’s passport.

The timeframe for a Deanery/LETB to approve an MTI placement is controlled by the relevant Deanery/LETB. To aid the approval process, Trusts should be clear with their Deanery/LETB exactly what information is needed and in what format.

The timeframe for GMC registration can depend on the applicant’s route for registration. If the applicant is being sponsored by a medical royal college, the timeframe and process is under the control of the relevant medical royal college, and then with the GMC once they receive the request for registration from the Medical Royal College.

Once the Academy receives the required information and evidence, a CoS can usually be generated within one to three weeks.

Finally, Trusts will also have to carry out any required pre-employment checks.

For dentists please see the NACPDE website.

Is there a limit to how many MTI participants a Trust can have in at one time?

There is no technical limit for how many MTI participants a trust can have. There may, however, be pragmatic limitations dependent on the training capacity of the Trust and the national limit of Certificates of Sponsorship that the Home Office allows to be issued at any one time.

For dentists please see the NACPDE website.

Does a Trust need to gain approval from the medical royal college again for placements where it is replacing an MTI participant with a new MTI participant in the same placement?

Confirmation from the appropriate Deanery/LETB that the placement is a suitable MTI role (e.g. contains sufficient training and does not disadvantage training opportunities for UK trainees) is needed for each individual application. Obtaining this confirmation from the Deanery/LETB should be straightforward if the placement has previously been approved as suitable for an MTI participant.

The medical royal college will also need to be contacted to ensure that they continue to support the placement and can provide any support required for the new MTI participant.

For dentists please see the NACPDE website.
How does revalidation apply to doctors in the MTI scheme?

Doctors in the MTI scheme should engage in the revalidation process, even if their date for revalidation never comes up while they are working in the UK. Therefore they need to connect to a designated body, engage in an annual appraisal process and collect supporting information.

For dentists please see the NACPDE website.

Can an MTI doctor retain their UK licence to practise after their placement ends?

It is not anticipated that MTI participants would need to retain a UK licence to practise at the end of their MTI placement. Doctors who work wholly outside the UK (except in crown dependencies) do not need a licence to practise. This is because the licence gives doctors legal rights and privileges in the UK (such as writing prescriptions) that do not apply in any other country in the world. If doctors wish to retain registration only and give up their licence to practice, they can do so, but will need to continue paying GMC registration fees.

If doctors give up their licence, they can apply to restore it at any time. They will need to make an application to the GMC, no more than three months before it is required back. The GMC will request:

— Proof of identity (a copy of an applicant’s passport – and applicants may also be asked to attend an identity check at the GMC offices)
— Certificate(s) of good standing from other medical regulators applicants have been registered with
— Statements from recent employer(s) about an applicant’s employment and work for them.

For dentists please see the NACPDE website.

Can an MTI participant do locum work in addition to their MTI placement?

MTI participants can do extra work (supplementary work) in the same Trust if it is:

— A job on the shortage occupation list in appendix K of the Immigration Rules or in the same sector and at the same level as the work for which the CoS was assigned.
— The additional contracted locum work must not exceed 20 hours a week. By law, employees cannot work on average more than 48 hours a week unless by agreement. The locum hours are counted within this 48 hour limit.
— The work is outside the working hours that the certificate of sponsorship is for.

For dentists please see the NACPDE website.

Are MTI participants entitled to study leave during their placement?

The MTI scheme requires Deaneries/LETBs to confirm that each MTI placement is one that contains sufficient educational and training content to be appropriate for an MTI participant. All MTI candidates must be given the access to training, support and study days that they require to support their personal development plan.

Can an MTI participant take up a new placement at a different hospital and/or Trust to the one providing the placement they originally applied for under Tier 5 visa sponsorship?

An MTI participant can change placements during the period of their Tier 5 visa. Details of the new placement (job description, rota, salary, consultant contact) along with approval of the body providing professional sponsorship (usually the relevant medical royal college) and Deanery/LETB approval (educational and training requirements) of the new placement must be sent to the Academy to approve before the change is made. This would normally be done using the Academy’s MTI Transfer/Extension Application Form.

For dentists please see the NACPDE website.
Can a MTI participant move to employment under a Tier 2 visa whilst in the UK?

The short answer is no. Tier 5 regulations state that a Tier 5 visa individual can change employment but only within the maximum 24 months length stay – they cannot move to a Tier 2 visa.

An MTI participant could return to their home country after their Tier 5 visa expires and then seek employment in the UK under a Tier 2 visa, but this would be outside the remit of the MTI scheme. It should also be noted that the objective of the MTI scheme is to assist in building healthcare capability outside the UK, particularly in developing countries, and is not to be seen as a route to UK-based employment.

For dentists please see the NACPDE website.

Can a Tier 5 visa be issued via the MTI scheme for a clinical observership / research post [no hands on patient experience]?

The MTI scheme is aimed at doctors undertaking training and education within a clinical service post – not in observership or research posts. A more appropriate visa route for such postings might be a standard visit visa. This applies to doctors and dentists.
6.0 Frequently asked questions for doctors
Frequently Asked Questions for doctors

These questions are relevant to doctors and dentists. However, the regulations regarding overseas trained dentists are different from doctors. The English language requirements, registration mechanism and work place supervision are all different. It is important that dentists read the relevant sections of the NACPDE website and also the GDC.

If an overseas Doctor is interested in taking part in the MTI scheme what should they do?
The route into the MTI scheme can vary depending on an individual doctor’s circumstances, the specialty they are interested in and where they want to work in the UK. A good starting point is to contact the relevant medical royal college for their specialty. The medical royal colleges who participate in the MTI scheme can be found at the end of this guide. For dentists please see the NACPDE website.

Do International Medical Graduates (IMGs) coming to the UK as part of the MTI scheme require General Medical Council (GMC) registration?
Yes – IMGs do require GMC registration to take part in the MTI scheme. Usually this is done via professional sponsorship for GMC registration from an approved GMC sponsor (normally the medical royal college for the applicant’s specialty area). Individual medical royal colleges will have different criteria they require candidates to meet in order for them to provide professional sponsorship for GMC registration – and these can be different to the criteria required for IMGs making a direct application for GMC registration. Details can be obtained directly from the relevant medical royal college. The applicant must also be able to satisfy the GMC’s registration criteria including their ‘experience requirements’ that state ‘Doctors applying for an offer of sponsorship must have been engaged in medical practice for three out of the last five years including the most recent 12 months’.

It is therefore recommended that doctors continue to work in medical practice throughout the process of attaining sponsorship and application for registration has been made. Please note that clinical attachments and observerships are not counted as medical practice.

For dentists please see the NACPDE website.

Can an IMG use their personal funds to support their MTI placement?
No. The MTI placement funding can come from any source [e.g. the employing UK trust, a foreign employer or UK/foreign government grants and scholarships] except the applicant’s personal funds.

What is the Certificate of Sponsorship required by the GMC?
There are two types of ‘Certificate of Sponsorship’ relevant to the MTI scheme:

1. A professional certificate of sponsorship. This shows the GMC that the individual has support from the relevant professional body for registration on the medical register. The GMC accept sponsorship only from approved Sponsors.

2. A visa certificate of sponsorship is provided by the Academy and shows the UKVI that the individual has support from an approved body for the relevant visa.

For dentists please see the NACPDE website.

Can a UK passport holder apply for an MTI placement?
No. The MTI scheme is a Tier 5 visa immigration route for overseas doctors seeking a period of UK based training. A UK passport already gives the right to live and work in the UK so holders would not be eligible for an MTI placement. This is only different if the passport is a British National Overseas Passport, when a Tier 5 visa is required to work in the UK.
Can an MTI participant bring family to the UK while on an MTI placement?
Yes. Doctors applying for a Tier 5 visa under the MTI scheme can concurrently apply for dependent visas for their immediate family members. It should be noted that the Academy can only certify maintenance for the doctor taking up the MTI placement – it cannot certify maintenance for dependents and the Doctor will have to meet the UKVI requirements for evidence of sufficient funding for their family.

Can an MTI placement be split into separate parts? For example, can a doctor on a 24 month placement complete 12 months of an MTI placement, return home for 6 months [or more], then return to the UK to complete the remaining 12 months?
No. An MTI Placement is for a continual period of up to 24 months. The Tier 5 visa is for a predetermined length and cannot be split into different ‘placements’ with gaps in-between (within the same or a different host Trust). Health Education England rule with regard to the MTI scheme that participants cannot reapply within five years.

How long can a Doctor in the MTI scheme stay in the UK?
A doctor can stay in the UK for up to 24 months or the time given on their certificate of sponsorship plus 28 days, whichever is shorter.

The Academy issued Tier 5 Certificate of Sponsorship states start and end work dates. When a visa is granted, 14 days should automatically be added on after the end date specified on the Certificate of Sponsorship. If the individual applies from overseas they should also have 14 days added on before the start date as well. These 14 day periods are fixed in the Immigration Rules and shouldn’t vary. The 14 day periods form part of the overall period of leave granted, as stated on the visa itself. Where a 24 month work period is stated on the CoS, the 14 days cannot be added at the start or end – 24 months is the absolute maximum for a Tier 5 visa.

Anyone who stays by more than 28 days after the expiry date of their visa is liable to have any further application refused.

What is the UK tax liability for an MTI participant who is fully funded by their home country?
The answer to this will depend on the home country in question and what arrangements they have with the UK. The Gov.UK website should provide information on agreements between countries.

Does an MTI participant have access to NHS Services?
Non-EEA nationals who apply to come to the UK to work, study or join family for a time-limited period of more than six months pay an immigration health surcharge to have access to the NHS.

Paying the surcharge provides access to the NHS in the same way as a permanent UK resident, i.e. receive NHS care free of charge. However, charges for services a permanent resident would also pay for, such as dental treatment and prescription charges in England will apply.

The health surcharge is payable in full at the time of the immigration application. The amount of the charge will be calculated based on the length stay in the UK under the relevant category in the Immigration Rules.

Does the MTI scheme provide accommodation?
No, accommodation is not provided as a standard part of an MTI placement. The employing Trust may be able to assist with finding accommodation, either via hospital owned accommodation or via contacts to help MTI participants find local accommodation.
MTI participants would generally be expected to pay for accommodation costs. The Academy MTI Relocation Guide has more information on accommodation.

Do I need to apply for a Biometric Residence Permit?
Home Office regulations require non-EEA nationals, seeking permission from overseas to enter the UK for more than six months, to apply for a Biometric Residence Permit (BRP).

Dentistry
Please note that the regulations regarding overseas trained dentists are different from doctors. The English language requirements, registration mechanism and work place supervision are all different. It is important that dentists read the relevant sections of the NACPDE website and also the GDC.
7.0 Useful contacts
Useful contacts

**Academy of Medical Royal Colleges**

**MTI Scheme**

Academy of Medical Royal Colleges
10 Dallington Street
London
EC1V 0DB
Email: MTI@aomrc.org.uk

**National Advice Centre for Postgraduate Dental Education**

**MTI Scheme (Dentistry)**

The Royal College of Surgeons of England
35-43 Lincoln's Inn Fields
London
WC2A 3PE
Email: NACPDE@rcseng.ac.uk

**Medical Royal Colleges participating in the MTI scheme**

See the [Academy MTI website](https://www.aomrc.org.uk) for links to each of the Colleges

- Royal College of Anaesthetists
- College of Emergency Medicine
- Royal College of Obstetricians and Gynaecologists
- Royal College of Ophthalmologists
- Royal College of Paediatrics and Child Health
- Royal College of Pathologists
- Royal College of Physicians of Edinburgh
- Royal College of Physicians of London
- Royal College of Physicians and Surgeons of Glasgow
- Royal College of Psychiatrists
- Royal College of Radiologists
- Royal College of Surgeons of Edinburgh
- Royal College of Surgeons of England
- ENTUK

**Deaneries / LETBs**

Details of each of the Deaneries/LETBs can be found on the [COPMed](https://www.copmed.org.uk) website.

**GMC**

Information on registration for international medical graduates and a list of approved GMC sponsors can be found on the [GMC](https://www.gmc-uk.org) website.

Welcome to UK Practice is a free half-day learning session to help doctors new to practice, or new to the country, to understand the ethical issues that will affect them and their patients on a day to day basis.

Register for a place on Welcome to UK Practice

Welcome to UK Practice also has an [online scenario tool](https://www.welcome-to-uk-practice.org.uk). This has been designed to help doctors assess their knowledge and application of the core guidance [Good Medical Practice](https://www.gmc-uk.org/guidance/gmp) and to provide help on finding further information and advice. By working through the case studies doctors will be able to identify areas where they need to improve their knowledge.

The GMC also provide an online set of interactive scenarios called [Good Medical Practice in action](https://www.welcome-to-uk-practice.org.uk) which follow a patient on his or her journey and the user decides what the doctor should do at crucial points in the process. The aim is to help doctors understand the principles in the GMP ethical guidance.

**General Dental Council**

Information on Temporary Registration can be found at the [GDC](https://www.gdc-uk.org) website.

**The NHS**

The structure and history of the NHS is described in more detail on the [NHS Choices](https://www.nhs.uk) website.

The Kings Fund provides an [alternative guide](https://www.kingsfund.org.uk) to NHS England.

**Home Office**

The Gov.UK website has information on the Tier 5 visa scheme.

**Living and working in the UK**

The [Academy MTI Relocation Guide](https://www.aomrc.org.uk) and the BMA [Life and work in the UK](https://www.bma.org.uk) provide useful information about being in the UK.

London Postgraduate Medical and Dental Education provides a framework for [supporting safe transition for Internationally Educated Health Professionals working in the NHS in London](https://www.londonpostgraduatemedicalanddentaleducation.org.uk).

The [NHS Medical Careers website](https://www.nhs.uk) gives details of the specialties and various roles of doctors in the NHS.