

Faculty of Sport and Exercise Medicine (UK) welcomed as new member of the Academy of Medical Royal Colleges

Press Release

1 July 2017

The Faculty of Sport and Exercise Medicine UK (FSEM UK) became the twenty fourth and newest member of the Academy of Medical Royal Colleges on 1 July 2017.

The FSEM (UK) was launched in 2006, and is an intercollegiate faculty of the Royal College of Physicians of London and the Royal College of Surgeons of Edinburgh.

The mission of the Faculty is to promote better health for the public through excellence in musculoskeletal medicine, exercise medicine and team care. Promoting SEM is a cost-effective approach to the prevention and management of illness and injury.

Having met the criteria for membership, the Faculty's application to join the Academy was agreed unanimously by the Academy Council and Board of Trustees having met the criteria for membership.

The Chair of the Academy Professor Dame Sue Bailey said,

'I am delighted to welcome the Faculty of Sport and Exercise Medicine into membership of the Academy family.

Sports and exercise medicine plays a hugely important role in both medical treatment and improving the health of the public through exercise advice and prescription.

The FSEM (UK)'s broad insights will be extremely valuable to the Academy. At the same time, I believe the Academy can help link the FSEM (UK) with the other specialties.

I am sure that Paul Jackson and the FSEM (UK) will make an important contribution to the Academy and hope that we will be able to support them in their role of improving medical education and training and standards of healthcare in this crucial area.'

President of FSEM (UK) Dr Paul Jackson, said,

'The Faculty of Sport & Exercise Medicine is pleased to have been accepted as a member of the Academy, this is a significant milestone in the development of the Faculty and the Specialty. FSEM(UK) will be in a good position to influence how the cost-effective benefits of exercise medicine are incorporated into the management of a wide range of physical and mental health conditions'

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Notes

1. Details of the Academy can be found at www.aomrc.org.uk and the Faculty at www.fsem.ac.uk
2. The Academy has 24 members comprising the medical Royal Colleges and Faculties across the UK and Ireland
3. To become a member of the Academy requires the agreement of the Council and Board of Trustees. Applicant bodies must meet several criteria including representing a clearly distinct and discrete specialty, having proper governance structures and officers and being financially independent
4. Sport and Exercise Medicine (SEM) involves the medical care of injury and illness in sport and exercise and has a large-scale application in improving the health of the general public through exercise advice and prescription.

It requires accurate diagnoses, careful clinical examination, experience and knowledge of sport and exercise specific movement patterns. A multidisciplinary approach and a 'broad church' specialty, SEM practitioners work in a variety of settings across primary, secondary and tertiary care and includes the following disciplines:

- Sport Medicine and Team Care
- Musculoskeletal Medicine
- Exercise Medicine
- Rehabilitation
- Workplace Wellness.

The specialty treats a wide range of patients from elite sportspeople through to those recovering from and managing illness or injury.